Connections April 2019





Come jump into Spring with us!



Hello everyone! Spring has sprung which means we are finishing up our Winter Session. ALL of our athletes have done such an amazing job this session. Everyone should be very proud! A friendly reminder that there is a new progression system in place. So please keep in mind that there may be some crossover in levels achieved. If you have any questions please ask our Recreational Director, Jamey, or your athlete's coach.

Have you signed up for our Spring session yet? Gymnastics is a sport for all sports, meaning it's a great complimentary sport for soccer, baseball, basketball, football, etc. It can help develop great physical competencies and motor skills such as coordination, agility, power, endurance, etc. Also, physical attributes such as strength, flexibility and balance. It's an all year sport as well—so when your hockey player has begun their off season; gymnastics would be a great way to maintain, develop and strengthen their abilities.

With Spring in the air means summer is coming.. finally! We are offering 9 weeks of camp this year with fun and exciting themes so every week is different. Campers can expect to spend majority of their time

in the gym as well as making crafts, making friends, and sharing memories. *Check out our website for weeks and availability.*

Important Dates:

April 1—Gym suit Sale

April 6—12—Spring Recreational Programs Begin

April 13—Trampoline A meet Cambridge

April 19—Good Friday HHGC Closed

April 19-21—Wag/Mag Meet Infinity Gymnastics Midland

April 21—Easter Sunday HHGC Closed

April 26-28—Provincial Trampoline 3rd Cup Kingston

April 26 & 27—HHGC at Halton Home Show Moldmaster Arena



Athletes of the Month

Recreational



Grace Guzzo

Grace Guzzo is our recreational athlete of the month! Her love for the sport is evident. She is super respectful and hard working. She is always so positive and her energy is contagious. Congratulations Grace!

Competitive



Jasmine Kelly

Being the oldest gymnast in the group, Jasmine sets a great example. Her passion and hard work in competitive gymnasts pays tion she saw how much off in competitions and achieving new skills and goals. Keep up the great

Interclub



Phoebe Miksic

She is smiling and excited when it comes to gymnastics. Just competing at her first gymnastics competifun gymnastics is not in the gym only but in the competitions. Great job Phoebe!

T&T



Camryn Weames

Camryn had her best trampoline competition yet. Loving to jump on the trampoline every single day she is in the gym smiling and jumping, Summer, Fall, Winter and Spring. She is a great inspiration to her team.



Thank you for your support!















Competitive, Interclub and T & T Update:

We had a great weekend Mach 22-24 in Cambridge where our WAG gymnasts showed off their skills and progression. Many of our athletes saw the top of the podium and many more earning personal bests. We are very proud of all the gymnasts who competed and represented our club.



Athletes placing top 3 on an event were: Vault - Naomi R, Kaira M, Kaeleigh, Ally, Brynlee, Abbie T, Jasime K, Isabella H, Leah A, Madison M. Floor - Kaira M, Ally. Bars - Ally, Isabella. **Beam** – Brynlee, Ally. Nice job girls!

Our Provincial Trampoline Group competed at 2nd Ontario Cup in Niagara Falls where they worked on perfecting their routines. The 3rd Ontario Cup which will take place this month in Kingston which will be the final qualifier of the season. Good luck!



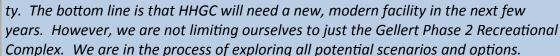
Gellart Phase 2 Survey / Facility Update

On behalf of the Board of Directors, I would like to express my appreciation to all of you who responded to the survey this past January. The survey asked if you supported HHGC being a part of the proposed Gellert Phase 2 Recreational complex. We received well over 500 responses.

Since that survey took place, we have been in contact with the Town of Halton Hills and discussions will continue in the weeks and months ahead.

In accordance with our 5 year strategic plan, the Board has a mandate to make

sure HHGC can meet the needs of our growing communi-



Stay tuned for more information as it becomes available. Your voice, opinion, support and influence may be needed in the future.

Sincerely,

Charlotte Fishback

Chair, Board of Directors



"All our dreams can come true, if we have the courage to pursue them." Walt Disney





