



Fall Session 2020

RECREATTIONAL UPDATES

Please take your time to read through the following information.

In order to help you feel more comfortable dropping your child off to attend our Fall Program at Halton Hills Gymnastics Centre. We are providing you with information on a variety of new Health and Safety Protocols that we have implemented. Our protocols are established based on our Governing body, Gymnastics Ontario's Opening Protocols. As well as the requirements from the Ontario Ministry of Health COVID-19 Guidance.

Safety is always our number one priority and in light of all new changes, we're operating in a new way. Our Recreational Programs are now designed to have lower capacity, physical distancing, mandatory health screenings upon entering, and enhanced facility cleaning. Please note all protocols are subject to change, as the situation evolves.

Your child's coach will have completed additional training on the New Rules and Protocols for the gym. Your child's coach will ensure that your child is kept safe and healthy during their time spent in our facilities. With all the new changes and protocols that will be implemented, Recreational Programs will be a little different this year but our coaches are ready and excited to make your child's gym experience fun! Please ensure that you take the time to review what physically distancing is with your child prior to the start of their session and please remind them that patience is appreciated. Again, the safety of our athletes and staff is our top priority.

If you have any questions that are not addressed in this information package please send an email to info@haltonhillsgymnastics.com

Drop-off/Pick-up:

We have intentionally staggered start times to facilitate a more streamlined transition into the classes. Please be respectful for the drop-off and pick-up procedures when arriving to the gym.

Please start arriving 15 minutes before your class start time begins and please ensure that you are not tardy for pick up and arrive right on time. Late Fees mirroring our camp late fee policy may be applied.

Please physically wait for your child to be cleared for entry upon drop-off at our screening table. Please wait until the Supervisor notifies you that your child has been accepted into the gym prior to leaving.

Since the integrity of our new normal rests on everyone contributing and doing their part, we would appreciate if you start arriving 15 minutes prior to your class start time and please ensure you start arriving 5-10 minutes prior to the class end time.

Please inform us of any authorized individuals who may be picking up your child. This can be done in person at the door or you can send an email to info@haltonhillsgymnastics.com.

At the Front Entrance:

Physical Distancing Outside of the Gym: Physical distancing markers will be placed outside of the entrance. Stand spaced apart at the markers as indicated. If the line exceeds the number of markers, please assume 2 meters between you and the next person in line.

Parents must remain at the gym until the athlete has been given permission to enter the gym.

Entrance Health Screening:

Prior to arriving to the gym, a Daily Health Screening will be conducted for all athletes, staff, and parents of children in Kindergym programs.

Athletes, Staff and Parents of Children in Kindergym programs will have their temperature taken with a non-contact thermometer. If the temperature is 38°C or 100.4°F the athlete/staff member or parents will not be permitted into the gym.

The following screening questions will be asked:

- Are you or anyone in your household feeling ill or experiencing any 'flu-like' symptoms?
- Have you or anyone in your household travelled outside of Canada in the last 14 days?

If the athlete answers 'yes' to any of the screening questions the athlete/staff or Parents of Children in Kindergym programs will not be permitted into the gym.

Hand Sanitizing at the Entrance:

All persons entering the facility who have been cleared to enter will be required to immediately sanitize their hands. Hand sanitizer will be provided right at the entrance to the gym. Please refrain from touching your face and follow hygiene rules as outlined on the posters around the gym.

Allergy to Sanitizer:

Please indicate on your registration if your child has an allergy to sanitizer(s). If you/your child has an allergy or sensitivity to sanitizer, you will be required to bring with you your own hand sanitizer labelled in a ziploc bag.

Carpooling:

It is suggested that carpooling is limited. Only members of the same family (or those living together) should be in a vehicle together.

Illness:

If you or your child is feeling ill, please do not bring them (or yourself) to the gym to help prevent the spread of the illness.

Please contact info@haltonhillsgymnastics.com to inform us that your child is ill. Athletes who are showing symptoms of COVID-19, or who have been in contact with someone showing symptoms of COVID-19, will not be permitted into our facility. Athletes/Staff or Parents who become symptomatic will be immediately separated from others in our designated supervised area. Parents/guardians will be contacted immediately and will be asked to pick their child up within 1-hour. Halton Region Public Health will be notified of all potential cases and further direction will be provided.

Parents in the Gym:

At this time we are not permitting any parents into the gym. There is one exception to this policy which pertains to our Kindergym programs. This exception grants one-parent only to accompany a child to one of these exclusive programs listed below.

The following programs will permit one-parent access into the facility, and upon entering you will be given a specific seat in the viewing lounge. *At this time due to capacity purposes, we ask that you do not bring along with you any other children in your household for viewing and that it is only one-parent to the participating child.*

*****Masks are mandatory for parents for the entire duration in the gym.*****

One-Parent Viewing Exceptions Include The Following Classes:

- **Parent & Tot** (1 Parent will accompany the child in the class)
- **Kindergym** (1 Parent will view in their assigned seating area in the viewing lounge)
- **Kinder Trampoline** (1 Parent will view in their assigned seating area in the viewing lounge)
- **Kinder Parkour** (1 Parent will view in their assigned seating area in the viewing lounge)
- **Advanced Kindergym** (1 Parent will view in their assigned seating area in the viewing lounge)

Class Updates & Ratios:

In light of the COVID-19 pandemic, we've restructured the format of all our programs to adopt a completely hands-off coaching style, where there will be no spotting permitted or physical assistance provided. All classes will be structured in such way where drills, demos, working stations and circuits will be created for children to work at independently under the supervision of a certified coach and gym supervisor. Children will not be sharing equipment and each station and piece of equipment will be sanitized by the coach before the children rotate to their next working station. Each class is operating at 40%-60% of its capacity keeping ratios lower to enable a culture where social distancing can be practiced. We've implemented a new rotation schedule system that incorporates hand sanitizing after each event for the participants and hand sanitizing stations can be found in the gym. *The exception to spotting is only in the event that the coach utilizes their discretion to prevent a catastrophic injury.*

Report Cards/Skill Testing:

In light of the new structure to our class format where there will be a hands-off coaching approach, we will not be utilizing skill evaluation testing sheets/report cards for the 2020-2021 Recreational Year. Instead, we will be providing Certificates electronically at the end of the session. Children will remain in their same levels and will work towards the skills in their next respective level. Children will work on skills to their fullest abilities and capabilities independently under the direct supervision of a certified coach and will not be asked to do anything beyond what they can reasonably perform safely on their own.

Refunds/Credits:

In the event that there is a forced gym closure in response to the COVID-19 Pandemic, or if a child cannot continue the program during the session due to injury or illness, a prorated credit will be applied to the account to be used towards future programming. Refunds for cancellation of the program are only given up to one week prior to the start of the session and will incur a \$30.00 administration fee. Due to coach/athlete ratios, make-up classes are not available.

Cleaning:

We've increased the frequency in which we clean the facility daily with our hired professional cleaners and have implemented hourly regular cleaning and COVID-19 specific cleaning protocols. The coach will sanitize each piece of equipment and working station after each child's individual use of that particular area/object. HHGC will continue to utilize Vitol Oxide which is a odourless, hospital grade disinfectant that kills 99.9% of all germs, bacteria and virus.