





Our Winter session is well on its way—and hopefully the warmer weather is too! I've seen some GREAT things this session already and cannot wait to see what else our athletes can accomplish. I hope everyone is enjoying the new level system. Athletes can expect their coaches to assess where

they're at on our new level system, if they haven't done so already. The official testing will begin March 16th and end March 29th.

March Break is just around the corner and we hope to see you there! Our campers can expect a fun-filled



week with crafts, games and a TON of gym time! We have some awesome themes for the week—Amazing Race, Science Day, Princess & Superheroes Day, Circus Day, and Pajama & Pizza Day! Each day will be something different and our crafts and games will follow suit. It's a great opportunity to make new friends, share new memories, and have FUN! March break will be running March 11th-15th and registration is available online. Reminder...there will be no regular recreational classes running Saturday March 9 through Friday March 15. Classes start back on March 16th.

Spring registration begins February 15th. Don't miss out on our very popular programs that fill up very quickly! Registration can be done online from our website. Make sure you gymnasts is keeping up their skills as Competitive and Interclub try outs are being held in May.

Important Dates:

Feb 1-2—Trampoline A and Power Tumbling Meet at Pickering Gymnastics

Feb 8-10—Provincial Trampoline 1st Cup Oshawa

Feb 15-17—Comp 1 & 2 1st Invitational Qualifier at Futures Gymnastics

February 15th- Spring Registration Opens

February 18th- CLOSED for Family Day

March 9-15th No Recreational classes or Drop In

March 11-15—March Break Camp

March 30th-April 5th- Last week of Winter session

April 6th- Spring session begins!



Did You Know......

HHGC is a NON-PROFIT organization!

What does this mean to you?

We are <u>not</u> a private business that is owned by an individual or group. HHGC is registered with the Province of Ontario as a Non-Profit Organization. A **Non-Profit Organization** is an <u>organization</u> that does not distribute its surplus funds to owners or shareholders, but instead uses them to help pursue its goals. That means that it exists for the sole purpose of serving the community and must reinvest any profit exclusively for its not-for-profit purposes. This is done to constantly improve programs, coaching, facilities, equipment and safety to make the HHGC experience for you and your family the best it can possibly be.

Vision

HHGC is a vibrant, thriving and inclusive group of community stakeholders including local youth, who are engaged in, and inspired by the sport of gymnastics.

Mission

To make positive and lasting change to the participants of the centre, through the provision of high quality gymnastics, tumbling, trampoline and other physical activity programs in a safe, stimulating and nurturing environment.

Values

HHGC was founded on the principles of empowering young individuals to improve their lives through physical fitness, professional gymnastics education, and leadership training. HHGC is a registered non-profit committed to:

- Collaboration and partnership with children and their families;
- Inclusiveness HHGC welcomes and fosters a sense of belonging for all
- Respect HHGC treats all persons with dignity and acceptance
- Social equity by serving vulnerable communities and at-risk populations;
- Accountability and transparency throughout the organization;
- Dedication to innovation, learning, evaluation and continuous improvement.





Athletes of the Month

Recreational



Reese Bell Chamber

She has been doing so well in BOTH our Girls Gymnastics program and our Advanced Girls program! Reese has perfect attendance, is always on time and always prepared for gymnastics. She listens and takes direction well and is always a joy to coach.

Competitive



Macey Clark

Smiling every practice Macey loves gymnastics. She works hard and improved a lot since she started just a few months ago. Great job Macey

Interclub



Emilia Folaron

Enjoying gymnastics Emilia is going to Level 5 this year. Exciting about every training she is making great improvement and setting a great example. Excellent work Emilia.

T&T



Krystina Skyba

Jumping high on trampoline it's easy for her. She upgraded her routines to the highest level in Interclub Division.

Looking forward for new great skills to be learned. Keep up the good work.

Competitive, Interclub and T & T Update:

For the past two weekends we were busy with competitions.

Our "Rising Stars" Team completed their first competition on January 26th and they had an amazing experience. The fun they had, the memories they made will definitely be fresh in their memory for a while. At this competition the judges tested the conditioning and flexibility and some key skills that are needed for the next level in gymnastics.

Our Trampoline and Power Tumbling Invitational groups had their first competition of the season this past weekend, February 1-2. Beside medals (3 gold medals and 1 bronze) and fun they had - the feedback they got from the judges will help them to improve on their skills and routines.

Congratulations to all our athletes for their first competition. We are proud of you, for your hard work, dedication, and commitment to a sport that is harder than it looks.



Here is the HHGC Difference:

- HHGC is led by a 7 member <u>volunteer Board of Directors</u>, all who live and/or work in the Town of Halton Hills. Some Directors are parents of HHGC gymnasts and some are members of the community at large. They come from diverse backgrounds and bring to HHGC a high level of expertise in many areas. They are all dedicated to the mission of HHGC and want to contribute to building a great future.
- HHGC is <u>professionally managed and staffed</u>. Management and administration are experienced, caring and competent in every aspect of the business. Our Senior Coaches are certified, experienced, dedicated and committed to the skill development and wellbeing of your child. Our Jr. Coaches, through our Coaching Development Program, are learning how to be great coaches and learning valuable employability skills that will help them build a successful future.
- HHGC is the only organization in town that provides a <u>full range of Gymnastics programs</u> from toddler to Provincial level gymnast.
- We offer programs for <u>Special Populations</u> such as the one for 'Adults with Autism" from 'Community Living North Halton'.
- Our philosophy of <u>Inclusive Recreation</u> welcomes all children regardless of special conditions or challenges.
- We offer <u>employment opportunities and leadership training</u> to local youth that will help them in their future employment and educational pursuits.
- HHGC has direct annual expenditures of over a million dollars resulting in significant economic impact.
- HHGC is the home of the 4th largest organized sports and recreational activity in the
 Town of Halton Hills next to Hockey, Soccer and Swimming and is the <u>only organization</u>
 of the four that does not operate in a subsidized municipal recreation facility. HHGC
 rents its own facility with no municipal grants, contributions to maintenance and repairs
 or tax breaks of any kind. We have a fantastic 15,000 sq. ft. facility with great equipment
 and great coaches
- We are a family oriented centre with activities for kids of all ages! <u>Everyone is welcome</u> at HHGC!



