

# HHGC Connections

October 2019



Happy  
Thanksgiving

## Pumpkin Spice time!

Hello HHGC Community – September flew on by and our Fall session is off to a wonderful start—heading into Week 5! Lets make this month a ROCKtober sort-of October. We hope everyone is enjoying their HHGC experience so far, and as always we welcome all feedback and suggestions. Please feel free to come and speak with me at any time or email me directly at [alyssa@haltonhillsgymnastics.com](mailto:alyssa@haltonhillsgymnastics.com). If you aren't already following our social media pages, please be sure to follow us at Halton Hills Gymnastics Centre to stay informed and to see all our facility fun!

We have revamped our Birthday Party offerings this year, so this is really the best place in all of Halton Hills to book your party – be sure to inquire at our main office and online. Our Kind-

er Gym, Girls Gym, Boys Gym, Trampoline and Tumbling athletes can expect for skill testing to begin Saturday October 26<sup>th</sup> 2019 and go through until Friday November 8<sup>th</sup> 2019. **Registration for Winter Programs begins October 15th.**

**Please Note:** We will be running all classes as per regular on Halloween, Thursday October 31<sup>st</sup>. As well, the Fall Session will officially end on Friday, December 13<sup>th</sup>.



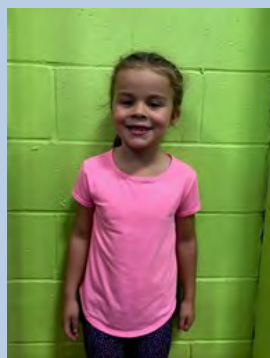
### Important Dates:

- Oct 1— Last Chance to get money in for Early Bird Raffle
- Oct 6—Home Town Hockey Parade HHGC Participation
- Oct 14—Thanksgiving Monday HHGC Closed
- Oct 15—Winter Registration Begins
- Oct 15—Chocolate Fundraiser over
- Oct 31—Halloween (Classes Running)

**CHOCOLATE FUNDRAISER:** *All money needs to be returned by October 15th.* No chocolate cases will be accepted after this date, only money. We thank everyone who supported our Annual Chocolate Bar Fundraiser. Stay tuned for our early Bird Winner and Top Seller Winners!!

## Athletes of the Month

### Recreational



**Avery Miller**

Avery always comes to class prepared and eager to learn. She is very respectful to her coach and teammates. She is always giving it her all and improving her skills. She also has a big infectious smile. Way to go Avery!

### Competitive



**Katia Nahirniak**

Katia has an amazing love and passion for the sport combined with a big smile setting a great example for other competitive gymnasts to follow. Katia is a great teammate.

### Interclub



**Megan Lacey**

Gymnasts of the month from the Interclub group is Megan Lacey. Megan sets a great example of working hard.

### T&T



**Michelle Novakova**

Michelle is new this year to our Trampoline A team. She shows dedication and commitment to this beautiful sport. We are glad to have her on the team.

## Competitive /Interclub/ T &T Update

Now that the school is back in full swing and things have settled down we are continue to build up the skills for our competitions to come.

Our first competition is in January with our Petite Elite group which will compete in their first ODP meet. In February we are off to Las Vegas, Nevada, USA! We are excited to offer this amazing experience to our gymnasts. Those eligible for this event will be traveling on February 2020 to compete against some of the best gymnasts in USA.

Our Provincial Trampoline group are working hard to build up their skills and routines. First competition for our Provincial team is at the beginning of December. This competition is a qualifying Cup for our Provincial Championship in April 2020. The first meet for the Trampoline A team will be announced shortly.

Our Interclub group gives athletes the opportunity to compete in gymnastics in a fun friendly environment. While we are still learning and building the skills we have just a few spots available in Interclub C (only 1 spot) and Interclub D (4 spots). If



Thank you for your support!



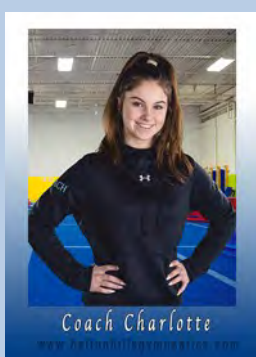
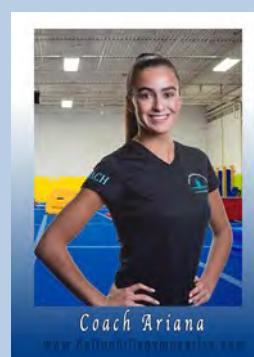
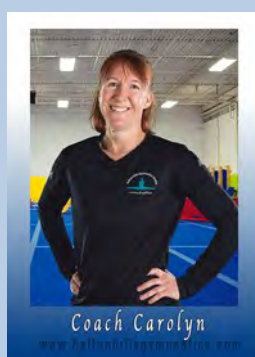
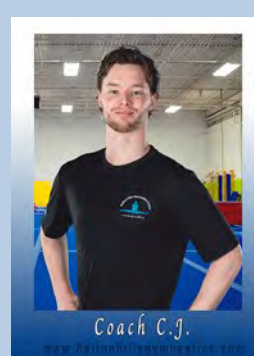
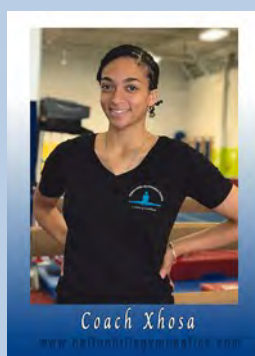
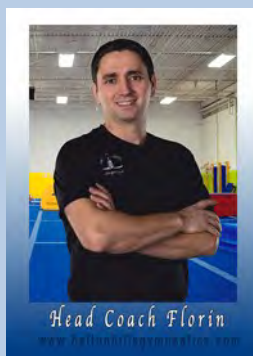


## ***Meet our Competitive Team Coaches***

The Women's Competitive Program at HHGC is designed to give gymnasts the opportunity to reach their full potential in a competitive environment as well as inspire those in the recreational program by demonstrating dedication and excellence. HHGC is a member and operates under the jurisdiction of Gymnastics Ontario.

***HHGC will provide a quality coaching environment with the safety and best interests of the gymnast as the highest of priorities. The program is based on the principles of inclusion and personal achievement. We will work to create and maintain an inclusive and encouraging environment where every gymnast is given the opportunity to develop skills to the best of their ability and to reach their full potential-whether it is competing at an Invitational, Pre-competitive or Provincial level.***

Our qualified/skilled coaches must share in this vision and fully understand the scope of the challenge to not only fully develop & inspire our children as gymnasts but support them in developing other crucial skills and qualities.



## Town of Halton Hills Community Launch Event a success!

We would like to thank everyone who attended the **Community Launch Event** on Tuesday, September 24<sup>th</sup>. HHGC had 30 individuals attend comprised of gymnasts, parents, staff and board of directors and we believe that we had more representation than any other group!

This was important and certainly demonstrated to Town recreation officials that we are serious about being included in their new **RECREATION AND PARKS STRATEGIC ACTION PLAN**. It is absolutely imperative that HHGC be included in the plan so that we can be considered for future Town support just like many other non-profit sport organizations. There will be more opportunity to provide feedback in the upcoming months according to the Town so we will keep you posted. Visit [www.haltonhills.ca/recplan](http://www.haltonhills.ca/recplan) to learn more about the Town's Recreation and **RECREATION AND PARKS STRATEGIC ACTION PLAN**.

We encourage everyone to stay involved and spread the word to family, friends and other supporters who want to help HHGC grown with our community and continue our mission to:

“make positive and lasting change to the participants of the centre, through the provision of high quality gymnastics, tumbling, trampoline and other physical activity programs in a safe, stimulating and nurturing environment.”

